



Donations and Supplies

We rely heavily on the generosity of our volunteers for donations and supplies to keep our programs running. Many of the materials and supplies we use are expensive to purchase or unavailable in country due to Haiti's poor resources and lack of infrastructure. We will often ask our volunteers to assist us by transporting program supplies in their checked luggage as they travel to Haiti. The items below (listed in order of need) are medications and supplies that we need on a daily basis. Those we need most are in **bold**. **Please speak with us before bringing any medical donations that are not listed.** We do not accept expired medications or broken equipment. **Please try to remove as much packaging as you can.** Both the hospital and mobile clinic midwives prefer to use acetaminophen over ibuprofen.

Medicines & Medical Supplies

Acetaminophen
 Alcohol Wipes
 Amnihooks
 Antacids (Tums)
 Blood pressure cuffs
 Cannula Caps/ bungs
 Chlorohexidine swabs
 Chronic Sutures (2.0, 2.0)
 Chux/absorbent pads
 Clean Gloves (medium)
 Dopplers
 Hand breast pumps – nothing electrical
 Hand sanitizer
 Iodine liquid/pads
 Iron tablets
 Lubricant
 Medical Tape

Methyldopa
 Nopple Cream
 Nitrozene Tests
 Pre-natal vitamins
 Ringer Lactate
 Surgical Tape
 Surgical towels
 Sterile gauze
 Syringes 3cc
 Thermometers
 Ultrasound Gel
 Water for injection

Non-Medical Supplies

Baby blankets, onesies, hats, cloth diapers
 Headlamps
 Batteries (9 volt, AAA, AA, D)
 HP printer ink cartridges (#60) - black, color
 Cloth Diapers
 Hospital Bed Sheets and Pillowcases
 Reusable tote bags or grocery bags
 Underwear (sizes small to medium, few large)*
 Maternal underwear
 Metal loose-leaf office rings
 Watches with minute & second hands
 Scrubs
 Shower Caps

PLEASE DO NOT BRING!!:

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| <ul style="list-style-type: none"> • Stethoscopes • Ibuprofen • Medical Surgical instruments • Tourniquets • Band-aids/bandages • IV tubing • Razors • Magnesium sulfate • Lidocaine | <ul style="list-style-type: none"> • Needles • Non-specified sutures • Extension IV sets • Oral internal feeding supplies • Twin pack needle systems • Extra small gloves • Paper Gowns • Bulb syringes and syringes that are part of specialty | <p>"systems" and don't fit anything else</p> <ul style="list-style-type: none"> • Soap • Envelopes • Sticky notes • Thumb tacks • Surgical masks • NO SURGICAL EQUIPMENT |
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Supplies are for both Hinche and the Carrie Wortham birth center. If you are going directly to the birth center upon arrival we ask that you separate the donated supplies in a separate bag. The driver will transport the bag to us where we will separate the items that will be going to the birth center.

We greatly appreciate your support with fundraising for and purchasing donations. For more information on how you can help us with donations, please email us at info@midwivesforhaiti.org