## **Donations and Supplies**

We rely heavily on the generosity of our volunteers for donations and supplies to keep our programs running. Many of the materials and supplies we use are expensive to purchase or unavailable in country due to Haiti's poor resources and lack of infrastructure. We will often ask our volunteers to assist us by transporting program supplies in their checked luggage as they travel to Haiti. The items below (listed in order of need) are medications and supplies that we need on a daily basis. Those we need most are in **bold**. **Please speak with us before bringing any medical donations that are not listed.** We do not accept expired medications or broken equipment. **Please try to remove as much packaging as you can.** Both the hospital and mobile clinic midwives prefer to use acetaminophen over ibuprofen.

## **Medicines & Medical Supplies**

Acetaminophen Amoxicillin Antacids (Tums) Apresyline or labetalol Blood pressure cuffs

Chux/absorbent pads

**Dopplers** 

Hand breast pumps – nothing electrical

Hand sanitizer Iron tablets Methyldopa Pre-natal vitamins Ringer Lactate Oxytocin Ceftriaxone

## **Non-Medical Supplies**

Baby blankets, onesies, hats, cloth diapers Headlamps Batteries (9 volt, AAA, AA, D)

HP printer ink cartridges (#60) - black,

color

Reusable tote bags or grocery bags Underwear (sizes small to medium, few

large)\*

Watches with minute & second hands

Scrub

## PLEASE DO NOT BRING!!:

- Stethoscopes
- Ibuprofen
- Medical Tape
- Medical Surgical instruments
- Tourniquets
- Bandaids/bandages
- Sterile gloves
- IV tubing
- Razors
- Magnesium sulfate
- Lidocaine
- Gauze
- Needles
- Non-specified sutures

- Extension IV sets
- Oral internal feeding supplies
- Twin pack needle systems
- Extra small gloves
- Paper Gowns
- Bulb syringes and syringes that are part of specialty "systems" and don't fit anything else
- Soap
- Envelopes
- Sticky notes
- Thumb tacks
- Surgical masks
- NO SURGICAL EQUIPMENT

Supplies are for both Hinche and the Carrie Wortham birth center. If you are going directly to the birth center upon arrival we ask that you separate the donated supplies in a separate bags. The driver will transport the bag to us where we will separate the items that will be going to the birth center.

We greatly appreciate your support with fundraising for and purchasing donations. For more information on how you can help us with donations, please email us at info@midwivesforhaiti.org