

Donations and Supplies

We rely heavily on the generosity of our volunteers for donations and supplies to keep our programs running. Many of the materials and supplies we use are expensive to purchase or unavailable in country due to Haiti's poor resources and lack of infrastructure. We will often ask our volunteers to assist us by transporting program supplies in their checked luggage as they travel to Haiti. The items below (listed in order of need) are medications and supplies that we need on a daily basis. Those we need most are in **bold**. **Please speak with us before bringing any medical donations that are not listed**. We do not accept expired medications or broken equipment. **Please try to remove as much packaging as you can.** Both the hospital and mobile clinic midwives prefer to use acetaminophen over ibuprofen.

Medicines & Medical Supplies

Acetaminophen Alcohol Wipes Amnihooks Amoxicillin Ampicillin Antacids (Tums) Blood pressure cuffs Cannula Caps/ Bungs Ceftriaxone Chlorohexidine swabs Chromic or Vicryl Sutures (2.0, 3.0) Chux/Absorbent Pads Clean Gloves -medium size Dopplers Gentamicin Apresoline or Labetalol Ceftriaxone Condoms Erythromycin Eye Ointment Folic Acid

Hand Breast Pumps -nothing electrical Hand Sanitizer Iodine Liquid/Pads Iron Tablets Lubricant Medical Tape Methyldopa Metronidazole 500mg Nifedipine X 10 mg Nipple Cream Nitrazine Paper Pitocin Pre-natal Vitamins Pregnancy Tests Prenatal Vitamins Reusable tote bags or grocery bags Sterile Gauze Syringes -3ml/10ml/20mlThermometers Ultrasound Gel Urine Dipsticks Water for injection

Non-Medical Supplies

Batteries -9 volt, AAA, AA, D Baby Blankets, Onesies, and Hats **Cloth Diapers** HP printer ink cartridges - (#60) black, colour Hospital Bed Sheets Hospital Pillowcases Headlamps Loose-Leaf Office Rings Maternal Underwear Scrubs Shower Caps Solid Colored Twin Bed Sheets Watches -with min & sec hands Underwear -sizes S, M, some L

PLEASE DO NOT BRING

Bandaids/Bandages Extension IV sets Extra Small Gloves Ibuprofen IV tubing Lidocaine Magnesium Sulfate Medical Surgical instruments Tourniquets Needles Non-specified sutures Oral internal feeding supplies Paper Gowns Razors Stethoscopes Twin pack needle systems Gallon or snack sized baggies

Supplies are for both Hinche and the Carrie Wortham Birth Center. If you are going directly to the birth center upon arrival we ask that you separate the donated supplies in separate bags. The driver will transport the bag to us where we will separate the items that will be going to the birth center.

We greatly appreciate your support with fundraising for and purchasing donations. For more information on how you can help us with donations, please email us at <u>info@midwivesforhaiti.org</u> (Last Updated 3/15/17)